



## LITA Orientation

Each LITA Volunteer goes through an extensive orientation before placement in a long term care facility. The following information is covered in the orientation:

- ♥ Introduction and history of LITA
- ♥ Facility types served (only long-term care, assisted living, skilled nursing and board and cares).
- ♥ Common health issues a volunteer may find including dementia and depression.
- ♥ This discussion on health issues and facility types helps both the Director of Volunteers and the volunteer narrow down where a volunteer feels most comfortable in committing to a long-term relationship.
- ♥ Importance of developing a relationship with facility staff and facility policies.
- ♥ HIPAA regulations, both the confidentiality aspect and how it affects what a volunteer can do, or not do, what they can ask, and not ask.
- ♥ Experience with the senior population.
- ♥ Personal interests, hobbies and skills that may help in both making a match and forming relationships.
- ♥ Schedules, availability and commitment (once a week for at least a year).
- ♥ Process of making a match.
- ♥ Handling issues and concerns.
- ♥ Separate Pet Connection information if needed.
- ♥ Paperwork (References, Volunteer Information, Volunteer Opportunities, Driver's License copy, Confidentiality and HIPAA Agreement, LITA Agreement).